



Celebrate Losar 2019!
Stone Carving
Workshop
 with Tibetan Carver,
Sampa Lhundup
 &
Alexandra Morosco
February 23-24, 2019
March 2-3, 2019



A Tibetan Tradition, Written in Stone...

Viewing the written form of the mantra, **“Om Mani Padme Hum”**, is said to have the effect of invoking powerful attention and blessings that embody compassion. It is common for Tibetan people to have a stone, plaque, or script reflecting this value of compassion placed where it could be viewed and celebrated daily.



With a focus on the imperative need for Compassion in 2019, our two-day workshops will offer stone, tools, basic safety equipment and expertise to assist you in making your own **mani stone**, beside Tibetan carver, **Sampa Lhundup** and local sculptor **Alexandra Morosco** at her home & studio in Clinton, on Whidbey Island. Stone, tools, instruction, lunch, tea and snacks will be offered both days, with traditional Tibetan-fare and momo’s served Sunday to celebrate the new year!



A big traditional welcome from Sampa!

No prior carving experience is necessary. Location and details sent upon registration. Registration is limited, so please check availability before sending payment.

To carve beside a master like Sampa is a once in a lifetime opportunity. Come explore the beauty and joy of Tibetan culture through the meditative process of carving a prayer in stone.



Alexandra teaching stone carving in Ireland, 2017

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Your Instructors & Hosts...

Sampa Lhundup is a third-generation, traditionally-trained Tibetan woodcarver whose work has been recognized by HH Dalai Lama and other highly-ranked Tibetan lamas. He was born to a nomadic family in Tibet in 1972, and at the age of 21 Sampa escaped Tibet, and arrived in Dharamsala, India, in 1993. There, he completed six years of formal training (study and apprenticeship) through the Shachun Woodcraft Center affiliated with the Tibetan Government in Exile. Establishing himself as a renown carver in Dharamsala, Sampa came to the United States in 2011 via a Buddhist community in Rochester, NY where a traditional carver was needed. Today, He is still currently seeking political asylum, unable to return to Tibet. Throughout his life, he has continued his woodcarving work, and blesses all those who are fortunate enough to meet or work beside him. Sampa has been steadily working for nearly one year on the carvings of the Yeshe Long Temple on Whidbey Island, Dza Kilung Rinpoche's dharma seat in the West. This extraordinary structure will serve as a Buddhist temple, home and learning center and is scheduled for completion in 2019. For more on Sampa, please visit www.tibetanwoodcarver.com



Alexandra Morosco has been working as a professional stone sculptor for over twenty-five years and has lived and worked on Whidbey Island since 2003. Morosco studied fine art and sculpture in Los Angeles, California where she was born and

raised. She focuses on carving custom commissioned works for private homes, churches and organizations that are described as 'stories in stone', most often in the classical figurative tradition. She is dedicated to creating hand-carved memorials or *Legacy Stones* in a collaborative process of healing; journeying with her clients "from Loss to Gift". In addition to creating her own personal sculptures and commissioned works, she teaches stone carving workshops both in the US and in Ireland and also partners with Marenakos Rock Center in Issaquah, Washington as the director of educational events. For more on Alexandra visit: www.moroscofinearts.com



For contact, registration and further information:

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